

Suggested Packing List for ASWTE Weekends

- Holy Bible
- Flashlight
- Umbrella
- Floor rug for bedside
- Comfortable Clothes for (Friday, Saturday, and Sunday)
- Warm jacket or sweatshirt (just in case mornings or nights are cool)
- Headwear/ball cap (just in case mornings or nights are cool)
- Rain Gear (*Optional -- if you prefer using an umbrella in the event of rain*)
- Pajamas
- Medication(s)
- Toiletries (Shampoo, Soap, Toothbrush, Toothpaste, Mouthwash, Comb/brush, deodorant)
- Ear Plugs (Get a good set--just in case)
- Bath towel
- Hand towel
- Washcloth
- Extra pair of shoes
- Flip flops for moving to/from shower
- Bed Pillow(s)
- Bed linens (Bottom sheet, Top sheet)
- Blankets (or Sleeping Bag) – **Note:** Dorms are heated and air-conditioned.

Items such as watches, cell phones, beepers, cameras, personal computers, radios, and other electronic “links to the outside world” won’t be needed and are really better off if left at home. Past experiences from many others who have attended the Walk to Emmaus have shown *many times* that a break from these items for a weekend can be liberating and can help you to focus much more deeply on your Walk with Jesus Christ. (They’ll be there when you get back!)